



Kavannah for Rosh Hashanah Candle Lighting

Yehi ratzon milefanekha Adonai Eloheinu vElohei
avoteinu ve-imoteinu...

יהי רצון מלפניך יי אלהינו ואלהי
אבותינו ואמותינו...

Source of strength and sweetness, guide me as I step over the threshold into a new year with the light of these holiday candles. I am grateful for all the blessings that have been bestowed on me, just as I am keenly aware of the difficulties I endured in 5782.

This year I will inevitably cross the border into a new stage of my life. With that newness comes excitement, anticipation and, perhaps, trepidation. I pause to reflect, asking, What am I looking to leave behind from this year? What do I want to recommit to this year? How might I transform the challenges I experience into opportunities for growth and change?

Reflecting on my life compels me to consider the state of the world I live in. I am amazed by the stunning accomplishments we, as a society, have achieved. Yet I am, at times, overwhelmed by the brokenness so painfully evident in our world. I ask myself, How can I make room for hope and joy even as I experience a world in need of healing? Where are my efforts for global change most needed? What are practical and spiritual steps I can take to do my part in repairing the world?

These personal and communal reflections reverberate within me this Rosh Hashanah. I pray that in the coming year I will be able to celebrate success with joy and to face adversity with strength and compassion. In kindling these sacred flames, I hope that a path to a meaningful life and a better world will be illuminated.

Barukh Atah Adonai, me-ir et netiv haḥayim.

ברוך אתה יי מאיר את נתיב החיים.

Blessed are You Adonai who illuminates the path of life.

Blessing for Lighting Rosh Hashanah Candles

Barukh atah Adonai Eloheinu melekh ha'olam,
asher kideshanu bemitzvotav vetzivanu lehadlik
ner shel yom tov.

ברוך אתה יי אלהינו מלך העולם,
אשר קדשנו במצותיו וצונו להדליק
נר של יום טוב.

Blessed are You Adonai, our God, Ruler of the Universe, who has made us holy with sacred responsibilities and commands us to kindle the holiday lights.

Sheheḥeyanu

Barukh atah Adonai Eloheinu melekh ha'olam,
sheheḥeyanu vekiymanu vehigi'anu lazeman hazeh.

ברוך אתה יי אלהינו מלך העולם,
שהחיינו וקימנו והגיענו לזמן הזה.

Blessed are You Adonai, our God, Ruler of the universe, for granting us life, for sustaining us, and for bringing us to this moment.