May the One who makes peace in the heights, may the One who makes peace upon us and all Israel and all who live within it. And we say Amen.

Words to Know

Peace

And we say

Shalom

And we say Amen.

Commentary

This comes from the end of the Amidah. Some people have the custom of taking three steps backward and bowing as if they are exiting God's throne room. We are told in the Book of Isaiah that God’s throne room in heaven has angels constantly saying to each other: "Holy! Holy! Holy! Adonai, Lord of Hosts whose glory fills the whole world!"

--Adapted from Siddur Lev Shalem, The Rabbinical Assembly

Discussion Question

What do you imagine a peaceful world looks like (it's easy if you try)?