

עושה שלום-Oseh Shalom

Source Sheet by Alex Hamilton

May the One who makes peace in the heights, may the One who makes peace upon us and all Israel and all who live within it. And we say Amen.

עשה שְׁלוֹם בְּמַרוֹמָיו. הוּא
יַעֲשֶׂה שְׁלוֹם עָלֵינוּ וְעַל כָּל
יִשְׂרָאֵל, וְכָל יוֹשְׁבֵי תְּבֵלָה. וְאָמְרוּ
אָמֵן:

Words to Know

Peace
And we say

שְׁלוֹם
וְאָמְרוּ

Commentary

This comes from the end of the Amidah. Some people have the custom of taking three steps backward and bowing as if they are exiting God's throne room. We are told in the Book of Isaiah that God's throne room in heaven has angels constantly saying to each other: "Holy! Holy! Holy! Adonai, Lord of Hosts whose glory fills the whole world!"

--Adapted from *Siddur Lev Shalem, The Rabbinical Assembly*

Discussion Question

What do you imagine a peaceful world looks like (it's easy if you try)?